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## **PRE-SURGICAL INSTRUCTIONS**

### **PRESCRIPTIONS**

Please have all of your prescriptions filled now so you will have them on hand.  
Please bring these medications with you to the surgery.

Antibiotic medication (\_\_\_\_\_). Take 1 – 2 on the morning of the surgery.  
(This medication may reduce the effectiveness of birth control pills.)

Narcotic (strong pain) medication (\_\_\_\_\_). Take one 1 hr before surgery.  
Anti- Nausea medication (\_\_\_\_\_). Take one with Narcotic medication.

Anti-inflammatory/mild pain medication (\_\_\_\_\_). Take one 1 hr before surgery.

**You MUST NOT drive or operate machinery after taking narcotics or sedative medication.**  
**Please arrange for a ride to and from the office for your surgical appointment.**

### **DAY OF SURGERY**

- **Eat a light meal of bland foods at least one hour before surgery.**
- Take any and all of your regular medications at the usual time, unless instructed otherwise.
- If you smoke, QUIT. If you can't, please refrain from smoking for the first three days. You should not have any alcoholic beverages the day of your surgery. It is dangerous to mix alcohol and other medications.

We have scheduled you to arrive a few minutes before your surgical time. This will allow time for you to arrange your next appointment and complete financial arrangements. This will also allow time to review post-operative instructions.

**Please give us at least two days notice if you need to change your appointment.**